

SUPPORT FOR MALE SURVIVORS

INTERVENTION

PEACE
OVER
VIOLENCE



IT IS
NEVER
TOO LATE FOR
MEN
TO HEAL

ADULT MALE SURVIVORS OF CHILDHOOD SEXUAL ABUSE

Peace Over Violence provides comprehensive case management, individual and group counseling services for male survivors. POV's Adults Molested as Children (AMAC) group is a psycho-educational and experiential support group for male survivors recovering from sexual abuse, assault, and unwanted/inappropriate sexual encounters that occurred during childhood and adolescence. The primary goal of this group is to increase clients' understanding of how childhood sexual violence and trauma impacts their masculinity, male identity, sexuality, and relationships.

There are many reasons that men deny, ignore, or avoid talking about or thinking about the abuse: unwanted feelings like anger or shame; fear of triggering disturbing thoughts; or long-perceived and socially authorized ideas about masculinity. Peace Over Violence strives to create the safest environment for men to take their first step toward healing.

TREATMENT GOALS

- + Reducing of trauma symptoms and promoting development of effective coping skills
- + Increasing one's resilience and self-esteem
- + Reestablishing or maintaining healthy interpersonal relationships

SOME FACTS

- + 1 in 6 adult men in United States experienced sexual abuse in childhood
- + On average, survivors do not disclose the abuse for 20 years
- + People who abuse boys are both male and female
- + The vast majority of male survivors will never sexually abuse another person
- + Men can and do heal from sexual abuse

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