Your safety is important. If you have an immediate safety, medical, or mental health concern, please contact the following resources.

Resource	Contact Information	Type of Resource	Confidential
Safety Resources			
Campus Security	(626) 395-5000 24/7	Safety situations, contact mental health and/or law enforcement resources, and provide transportation vouchers to off-campus resources. Security can contact the caller's choice of a confidential or other resource.	No
Pasadena Police Department	911 (626) 744-4241 24/7	Local law enforcement.	No
JPL Protective Services Division	(818) 393-3333 (818) 354-3333 24/7	Safety situations, contact mental health and/or law enforcement resources and arrange for transportation to off-campus resources. Security can contact the caller's choice of a confidential or other resource.	No
On-Campus Mental Health and Emotional Support Resources			
Campus Sexual Violence Advocate: Pilar Montenegro	(626) 395-4770 M-F 9-6	Sexual violence support resource for crisis response, case management, and advocacy.	Yes
Student Wellness, Counseling Services	(626) 395-8331 (after hours and on weekends, press "2" to be connected to a clinician) M-F 8-5, after hours	Individual psychotherapy and counseling, consultation, referrals, psychiatric evaluation and medication, and crisis intervention for students.	Yes
Staff and Faculty Consultation Center	(626) 395-8360 M-F 8-5	Professional counseling services for staff, faculty, and postdocs.	Yes
Caltech Center for Inclusion and Diversity	(626) 395-8108 M-F 9-6	Support resource for students; not required to report complaints to Equity and Title IX Office.	No
Empathia/Life Matters for JPL employees	(800) 367-7474 24/7	Mental health resource and can contact mylifematters.com (password: JPL).	Yes

Resource	Contact Information	Type of Resource	Confidential
Off-Campus Mental Health and Emotional Support Resources			
Peace Over Violence	892 N. Fair Oaks Avenue, Suite D Pasadena, CA 91103 (626) 584-6191 M-F 9-5:30,after hours (626) 793-3385 (24-hour line)	24-hour emergency services offer victims of sexual assault, domestic violence, and stalking emotional support, information, and compassion, as well as accompaniment, referral, and advocacy services.	Yes
Medical Resources		Note that medical providers (but generally not psychological counselors) must notify the police regarding assaultive or abusive conduct, including sexual assault.	
Caltech Student Wellness Services	(626) 395-6393 (after hours and on weekends, press "2" to be connected to a clinician) M-F 8-5, after hours	Medical consultation, lab and radiology services, pharmacy, women's health and sexual health services.	Yes
Huntington Health (formerly Huntington Memorial Hospital)	100 W. California Blvd., Pasadena, CA 91105 (626) 397-5112 24/7	Emergency and trauma services. Social workers available to provide counseling as needed.	Yes
The Rape Treatment Center at Santa Monica -UCLA Medical Center	(424) 259-7208 www.uclahealth.org/rtc 24/7	24-hour emergency medical treatment for victims of sexual assault, including forensic services ("rape kit"). We strongly and preferentially recommend this resource over any other Sexual Assault Response Team (SART). If you contact Security Dispatch in the Holliston Parking Lot, at (626) 395-5000, 24/7, they will provide you with travel vouchers to cover the trip by Uber.	Yes
San Gabriel Valley Medical Center Sexual Assault Response Team (SART)	438 West Las Tunas San Gabriel, CA 91776 (626) 289-5454	24-hour medical care, emotional support, and comprehensive exams including forensic evidence collection (the "rape kit").	Yes
	(SART) Hotline: (877) 209-3049 24/7	Immediate connection to on-call nurse for sexual assault services.	

Resource	Contact Information	Type of Resource	Confidential
Planned Parenthood Pasadena and San Gabriel Valley	1045 N. Lake Ave Pasadena, CA 91104 (626) 798-0706 M 8:30-4:30, T 7:00- 3:30, W/TH 11-7, F 8:30-4:30, S 8-4	Health clinic for emergency contraception, pregnancy resources, health and wellness, birth control, and family planning.	Yes
National Hotlines			
National Suicide Prevention Lifeline	(800) 273-8255 24/7	Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. The Lifeline is comprised of a national network of over 170 local crisis centers, combining custom local care and resources with national standards and best practices.	Yes
National Sexual Assault Hotline- RAINN (Rape Abuse and Incest National Network)	(800) 656-4673 24/7	RAINN created and operates the National Sexual Assault Hotline, accessible 24/7. The organization works closely with more than 1,000 local sexual assault service providers to offer confidential support services to survivors, regardless of where they are in their recovery.	Yes
National Domestic Violence Hotline	(800) 799-7233 24/7	Operates 24/7, confidential and free of cost, and provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Callers can expect highly trained, experienced advocates to offer compassionate support, crisis intervention information, educational services, and referral services in more than 200 languages.	Yes